

# WARNING!

**There's a very good chance you or a loved one took at least one of these deadly pills today—Because about 65 million Americans regularly do!**

- A heart medication that studies show actually *causes* heart problems in some of its 32 million users.
- A common—and addictive—drug for sleep problems that can make you suicidal.
- A controversial diabetes pill that can cause bladder cancer (as well as heart failure and bone fractures).

**Now we've uncovered natural and effective alternatives that could save your life... and free you from drug company poisons.**

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Dear Reader,

It's an *outrage*.

The way they make drug commercials...

But look past the floating butterflies...and really listen.

Have you ever heard of the sleep drug Intermezzo? Its commercial is a minute-and-a-half long.

And over one full minute of it is filled with warnings and side effects...

“Shortness of breath may occur and may be fatal...”

“Engaging in activities without remembering the event the next day [has] been reported...”

“Abnormal behaviors may include aggressiveness, hallucinations, or confusion...”

“Risk of suicide may occur...”

“Has some risk of dependency.”

Those are just a few of the dangers. All to just get a little sleep! Meanwhile, the soft music, reassuring voice, and comforting nighttime images are enough to lull you into slumber.

And that's just one example...

Liver damage, heart attacks, internal bleeding—even death—are all glossed over by soothing sounds and touching scenes in one drug commercial after another.

It's all done to trick you into feeling good about their message...and tuning out the fact that their drugs have the potential to kill.

Here's something else they want you to ignore...

**There are PROVEN natural alternatives  
to these dangerous drugs.**

Drug companies don't want you to know that you can swap their poisons for safe, natural (and more affordable) alternatives. They don't want you to discover powerful, proven substances that can give you the good health you deserve.

That way they can make another \$84 billion in profits—the amount they booked in 2012—and your health be damned.

They push heart pills that can cause heart disease...depression drugs that up the risk of suicide...cancer treatments that can give you cancer.

How can this even be legal?

But there's no reason to contribute to the coffers of greedy drug companies. Not when there are proven alternatives that help your body heal itself.

Like the Chinese herb that could help **PREVENT blood clots.**

In a moment, you'll see exactly what it is and where you can get it.

Plus exactly how much you should be taking based on real, scientific evidence.

This powerful plant can also relieve arthritis. Chest pain. Low back pain. And it's one of the best remedies for stomach problems.

It can even be used to treat burns.

But the big drug companies don't want you to ever find out about it. Or any of the other safe, scientifically proven natural alternatives we've uncovered.

That's because...

**Profits trump your health**

Sad, but true.

The FDA and Big Pharma insist the benefits of their prescriptions outweigh the risks.

And of the 10 most dangerous drugs on the market right now, those risks include terrifying side effects like:

- Bladder cancer
- Cancer of the esophagus
- Liver damage
- Internal bleeding
- Diabetes
- Heart failure
- Kidney problems
- Brain hemorrhage
- Suicide

And, you know, death.

Take the case of the blood-thinning drug, Pradaxa.

### **A heart med gone horribly wrong**

An 83-year-old man from Utah went to his doctor for heart problems and was prescribed Pradaxa, a blood thinner to help prevent stroke.

Shortly after beginning the drug, he fell. As a result, he suffered some minor bleeding in his head.

But there is nothing that can reverse the blood-thinning power of Pradaxa. So the bleeding turned into a brain hemorrhage.

Six hours after arriving at the hospital, he died.

Then there was Lydia Banks, a 77-year-old Illinois woman who began to bleed internally shortly after starting the drug.

She also died.

### **The track record of Pradaxa is shocking**

542 deaths were attributed to this deadly drug in 2011. It also *caused* 644 strokes and 291 kidney failures that year (the most recent stats available).

Yet the FDA refuses to pull it from the market.

Instead they quietly issued a safety warning... and continue to insist the drug's benefits outweigh the risks.

These risks include liver damage. Trouble breathing. Memory loss. Muscle aches. Heart disease.

There's no reason to put yourself at *any* risk from this lethal drug. Not when you can take a natural blood thinner instead.

One that—as far as records show—*wasn't* responsible for over 500 deaths. Or any deaths at all for that matter. (No strokes or kidney failure either—we checked).

Instead, not only can it help prevent blood clots, studies show it's also effective against inflammation and osteoarthritis.

It helps with digestion issues, including nausea, indigestion, and diarrhea, too.

### **You don't have to be the FDA's guinea pig**

Hi, my name is Angela Salerno. I'm president of The Institute for Natural Healing.

We have an independent research team dedicated to revealing the latest proven health science. With real-world results backed by credible research that you can feel comfortable talking to your doctor about.

Like the many safe, natural options to these risky drugs.

For example, instead of taking Pradaxa—and putting yourself at risk from all the dangers of this drug—we recommend a root that Chinese healers have used for over 2,000 years.

It may safely thin your blood so you don't get stroke-causing blood clots.

In fact, researchers in Australia found that compounds in this root were more effective in preventing blood clots than aspirin.

At INH, we dug deep into the science behind this miracle root and found that it's safer than Pradaxa...and every other blood thinner on the market.



### **Ginger—a natural way to thin your blood**

That's right. Simple ginger root you can get at your local grocery store can help keep your blood flowing smoothly.

Based on our research, we recommend taking 1 to 4 grams of ginger capsules or freshly cut ginger daily. It's best to divide them into several small doses throughout the day.

And the only side effect is that you'll feel better all over.

But ginger isn't the only natural alternative to Pradaxa our research team uncovered. They also found...

- A "less popular" vitamin that in one study lowered systolic blood pressure (the top number) 24%. Healthy blood pressure is key for people who are at risk for clots. But if you take it as a supplement, there's a kind you should never buy.
- An enzyme made by adding beneficial bacteria to boiled soybeans. Sounds strange...but it can actually help clear arterial blockages. It's a literal "clot buster."
- A healthy fat that not only keeps blood cells "slippery," it's also good for your cholesterol, brain, and eyes (you can get it in supplement form or in a certain category of foods).

All of these substances are safe. Natural. And affordable.

You can't say that for Pradaxa. Or any of the other 10 most dangerous drugs on the market.

Like the drug for depression that can cause suicidal thoughts.

The indigestion aid that puts you at risk for hip fractures.

The diabetes drug that can cause bladder cancer.

And six more you need to stay far, far away from.

### **Killers hiding in your medicine cabinet**

Thirty-two million Americans take Lipitor, Zocor, and other statins to lower their levels of LDL "bad" cholesterol.

Keeping cholesterol levels balanced is important to avoid heart attacks and strokes.

But when you use statins, you risk...

- Kidney damage
- Memory loss
- Diabetes
- Muscle weakness
- Liver damage

There have been plenty of warnings about these dreadful side effects, but doctors still hand out statin prescriptions like Halloween candy.

Thankfully, you don't have to risk wrecking your body with statins. Instead you can safely lower your bad cholesterol by taking:

- A vitamin that costs about seven cents per tablet that lowers bad cholesterol better than Zetia and other common statin drugs.
- A special kind of yeast extract that numerous studies since the 1970s have shown lowers bad cholesterol (Chinese healers have been using this type of yeast for over 1,300 years).
- A substance from an unusual flower that naturally lowers triglycerides (and has also been shown to help the body get rid of unwanted cholesterol).

These are just three of the natural alternatives to statins you'll discover in our new report—***The Top 10 Dangerous Pharmaceutical Drugs—And Their Safe Natural Alternatives.***

They'll protect you against dangerous cholesterol levels and reduce your risk of heart disease. Without costing you thousands of dollars.

You can find most of these at your local vitamin shop or on the Internet.

You can even get some at your neighborhood grocery store. You just have to know what you're looking for and the right ways to use them.

That's why we give you every detail so you can get the healthy results you need.

Like...

- A beer extract that a six-week study showed **relieves osteoarthritis** (it's also effective against anxiety and insomnia)—page 13.
- An “earth metal” that **controls blood sugar** and protects against high blood pressure and artery diseases—page 11.
- **Sleep problems relieved** through a natural sedative used since Biblical times. In studies, it cuts the time it takes to fall asleep and improves the quality of sleep— page 16.
- A juice from a cultivated plant that **relieves heartburn** (a topical extract of this plant heals wounds and sores)—page 18.
- ...**And 46 more natural alternatives that can free you from the grip of Big Pharma.**

Our researchers have scoured the world to find these miracle remedies. They've pored over the latest studies. Consulted with some of the world's most respected doctors and scientists.

And they put it all together to create this lifesaving report.

I'll show you how to claim your copy in just a minute, but first here's something for anyone with high blood pressure...

### **How to lower blood pressure with proven natural remedies**

There are often no symptoms of high blood pressure. That's why it's called the “silent killer.”

Many people simply don't know they have it...until it's too late.

Yet one in three U.S. adults has high blood pressure, putting them at risk for deadly heart disease and stroke.

If you're diagnosed with high blood pressure, your doctor will likely prescribe the medication they dole out to four million Americans each year.

It works by blocking chemicals that tighten blood vessels. And sure, it can reduce the risk of strokes and heart attacks.

But at a scary cost.

Rely on this dangerous drug to keep your blood pressure in check and you run the risk of kidney injury — and possibly even complete renal failure.

It doesn't stop there.



It can also cause dizziness. Swelling of the face. And stomach problems.

The list of horrible side effects just goes on.

And if you have type 2 diabetes, **this drug could raise your risk of heart-related death.**

The FDA knows all this. In fact, it's received numerous reports of the deadly side effects.

Yet it still allows the drug to be on the market.

We're not surprised. Disgusted? Yes. But not surprised.

In our new report, you'll learn about simple ways to keep your blood pressure in the safe range.

Including...

- A common nutrient that 23 studies—covering over 1,000 people—have shown decreases blood pressure (and all you have to do to get it is make a few simple, delicious additions to your diet).
- A pungent cooking staple used as medicine for over 7,000 years. In fact, it is so effective, the Japanese government officially recognizes it as a blood pressure depressor. (And if that's not enough, it can also lower your cholesterol and help fight cancer.)
- An extract from a natural stimulant that significantly lowered blood pressure after a one-month clinical trial of 117 men who suffered from hypertension (Bonus: It can also help you lose weight).

You'll find everything you need to know about these natural alternatives to the most dangerous blood pressure drug on pages 22–24 of ***The Top 10 Dangerous Pharmaceutical Drugs—And Their Safe Natural Alternatives***. We give you all the details—what to look for, recommended dosages, and how they work to lower your blood pressure.

You'll have all the evidence in front of you to take your health into your own hands.

Here's the best part—there are no drug-like side effects with any of them (plus they cost *a lot* less). So you can relax knowing you're taking care of the problem safely.

It's the same with alternatives to “the suicide drug.”

### **A kinder, gentler way to treat depression**

Doctors love to prescribe Prozac for depression. It works by increasing the levels of a natural chemical in the brain called serotonin.

Serotonin is known as the “happy hormone” because it helps maintain a healthy mental balance.

But there's a problem. Prozac sometimes causes violent behavior. Mania. Aggression.



And—the worst irony of all—it can even lead to suicide.

People on Prozac have also reported many other problems, including abnormally low blood pressure. Involuntary quivering. Painful urination. Ulcers.

**All together, people reported 82 different side effects from this nasty drug.**

None of this is a secret to the FDA.

Yet it's still on the market.

(Are you sensing a pattern here?)

There are, of course, safer ways to treat depression...

- A natural chemical that *at least 40 studies* have shown helps relieve feelings of depression (it's available at your local health food store).
- An extract from a plant first used in ancient Greece that studies prove works as well as antidepressants—but without horrible side effects (it's also used to treat heart problems, anxiety, and mood disorders).
- A unique type of fat that not only elevates feelings of well-being, but also reduces inflammation throughout the body (this is important because chronic inflammation has been linked to heart disease, diabetes, and cancer).

You'll learn all about these and other natural remedies for depression on pages 27–28 of our new report. This includes the proper form of these supplements to buy and the exact dosages to take. We're serious about helping you get the information you need to get off and stay off killer drugs. So we made it easy.

Our team of top scientists and doctors has left no stone unturned to get you this critical information.

Now you will finally have access to life-saving treatments you won't hear about in the mainstream media.

The result is a groundbreaking report that reveals **50 natural alternatives that you can truly trust.**

Like those for arthritis drugs...

### **Eight ways to ease arthritis pain naturally**

Would you ever trade your life for temporary pain relief? It sounds like a deal with the devil, right?

But that's the deal 11 million people make every morning when they take mainstream medicine's favorite drug for arthritis.

And yes, it can ease pain, but that "quick fix" can come at a permanent price—like a deadly heart attack.

The FDA leaves it up to doctors to determine if the risks outweigh the benefits, *even though it admits that clinical trials show the drug "may be associated with an increased risk of serious cardiovascular events..."*

It's outrageous—especially since there are so many highly effective natural alternatives to this deadly drug for arthritis.

Like...

- A soft tissue stimulation technique that's been proven to relieve arthritis pain. The journal *Rheumatology* revealed that in one study, over half the patients treated this way just four times reported at least a 75% reduction in pain.
- A component of healthy cartilage that helps mobility and, more important, provides pain relief. So you can reduce your need for pain drugs (even over the counter ones).
- Speaking of pain relief, in one study on a special oil, 59% of patients stopped taking pain pills.
- A natural lubricant that an analysis of 20 studies published in *The Journal of Bone and Joint Surgery* show reduces pain in people with osteoarthritis (pain relief lasted from six months to a year).
- A common vitamin that may help prevent arthritis from progressing (it's inexpensive and can also bolster your immune system).

It's all on pages 12–14 of our new report.

Imagine being able to hike for miles without hurting. Or feeling great during a round of golf. Or playing with your grandchildren again...pain-free—and without any of the scary side effects of “everyone's” favorite prescription drug.

With our report by your side, you'll have everything you need to know to enjoy a life free from arthritis...depression...high blood pressure...and a host of ailments that are ruining the lives of millions of Americans.

This is life-saving information you can only find in *The Top 10 Dangerous Pharmaceutical Drugs—And Their Safe Natural Alternatives*.

### **Natural relief from heart problems, sleep disorders, anxiety and more**

In this unique report, you'll also discover natural alternatives to...

#### **The Type 2 Diabetes Drug with Over 3,000 Lawsuits Against It**

- The risks: heart failure and bladder cancer.
- **Control blood sugar** with regular use of an Indian elixir (see page 11).

#### **The Sleep Drug That's Become a (Negative) Household Name in Recent Years**

- The risks: cancer and death.
- **Get the restful sleep you need** with a healthy hormone you can find online or at any vitamin shop (see page 15).

### **The Heartburn Pill That Rakes in \$6.3 Billion Each Year**

- The risks: bone fractures and liver failure.
- **Relieve heartburn** by with a little-known tea that's also proven to relieve peptic ulcers (see page 18).

### **52 Million Americans Have Osteoporosis— And Most Take This to Treat It**

- The risks: fractures, cancer, and eye disease
- **Keep your bones strong** by taking an inexpensive trace element (see page 21).

### **America's Most Popular Psychiatric Drug with 44 MILLION Rx in 2009 Alone**

- The risks: shortness of breath, seizures, and suicide.
- **Reduce anxiety** with the dried parts of a flower that acts as a sedative and calms anxiety (see page 26).

All told, you'll discover 50 safe, proven options to the 10 most dangerous drugs that will help you live a life free from terrible diseases.

Picture yourself enjoying a nice, juicy T-bone steak without worrying about heartburn.

Sleeping like a baby every night with the help of a natural sedative that's been used safely for over 2,000 years.

Lowering your blood pressure (and spicing up your meals) with a tasty, natural flavoring you can get at the grocery store.

All this and much more are waiting for you in *The Top 10 Dangerous Pharmaceutical Drugs—And Their Safe Natural Alternatives*.

Right now you can get immediate access through a downloadable e-book.

Big Pharma knows how dangerous their drugs are. But they don't want you to have the same knowledge. And especially not the alternatives.

But once you get your hands on this report, you can start putting these natural alternatives to work for you *today*. Bring it with you when you go to the doctor next.

These are remedies that hard science has proven are safe and effective.

And you don't risk a single penny...

## **You're Protected By Our 100% Money-Back 365-Day Guarantee**

Your pharmacist doesn't offer a 30-day, or even a 60-day money-back refund if you aren't satisfied. But we do. You get a full year to test-drive this report.

Try it risk-free and learn how to banish chronic pain using an ancient healing secret from China.

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Prevent—and maybe even reverse— diabetes with a natural trace element that helps control blood sugar.

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This report is just \$24.95. If after a year you don't feel like it was worth every penny, just let us know. We will gladly refund your money—no questions asked. And the report is yours to keep.

Best of all, we'll deliver it to you via e-mail, right now. This information could potentially save a life. You don't want to have to wait for it in the mail. And you don't have to. Plus you save even more money since it costs nothing to ship.

But please don't wait. There's absolutely no reason to risk your health with the 10 most dangerous drugs a moment longer.

Click on the button below to get your copy of this special report right now. And get on track for safe, healthy relief from life's most common problems.

Wishing you the best of health,



Angela Salerno  
President  
The Institute for Natural Healing



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